

**SAN ALFONSO GUEST
COVID-19 HEALTH QUESTIONNAIRE**

PRIOR TO MY ARRIVAL AT SAN ALFONSO, I AFFIRM THAT:

(Please check () each box to indicate your affirmation.)

I have not been diagnosed with or cared for someone with COVID-19 in the past two weeks.

I have not shown symptoms of COVID-19 or come in close contact within anyone exhibiting these symptoms in the past two weeks.

I am not now showing any symptoms of COVID-19 such as a fever of 100.4 degrees or more; cough, chills, shortness of breath, or loss of taste or smell.

I will follow all spoken and posted guidance at San Alfonso Retreat House to ensure the safety of myself, guests, and other retreat house staff.

In the past two weeks, I have not travelled to (nor do I come from) any of the states listed in the accompanying letter which require a period of quarantine.

If you have traveled, place(s) visited: _____

Signature: _____

Printed Name: _____

Date: _____

Phone Number: _____

If you are unable to affirm all of the above, please call us at (732-222-2731, ext. 140) and someone will get back to you.

San Alfonso Retreat House: Providing a Healthy and Safe Environment

We are delighted to welcome you to San Alfonso. For the safety of all our guests and staff as we adjust to the “new normal” during this pandemic environment, we wish to share some helpful tips and reminders to make your stay safe and relaxing. Your cooperation in adhering to these simple protocols will benefit everyone and is most appreciated. Please be mindful of the following protocols:

- a) For everyone’s comfort and safety, the professional cleaning, disinfecting, and sanitizing of all public gathering places in the retreat center, including kitchen and dining room, conference room, chapel, reception area, and hallways was completed on July 10.
- b) All retreatants and all staff will be required to wear face masks in all public spaces and during any individual interactions. We encourage people to use their own mask(s) but will have a supply to augment if needed.
- c) Temperatures will be taken upon arrival and each morning of the retreat.
- d) The practice of social distancing will be maintained in all gathering spaces within the Retreat House with clear signage and directions for its implementation. Please follow all posted guidance.
- e) Each retreatant will be assigned or provided a **private** room and bathroom that have been cleaned and disinfected.
- f) The dining room will be open during meals and scheduled hours. Please see the signs for specific hours of operation as well as protocols required during any self-serve hours. We encourage the use of available gloves or tissues when handling any handles or items in the dining room.
- g) Retreatants will most likely be assigned seats in the conference room and **asked to remain in their assigned seats for the retreat to provide personal space and minimize contact with others within these common areas.**
- h) Staff offices will be restricted to staff members only. Some areas will remain “off limits” to guests for health and safety reasons. Staff will be available for assistance during scheduled hours that will be posted. Please call 732-222-2731, x140 if you need help.
- i) Disinfecting wipes and hand sanitizer will be available throughout the retreat house for use in public gathering spaces.
- j) Reading material will not be available in quiet rooms or libraries. We suggest that retreatants use their own spiritual reading books and any other personal reading material. Additional reading material will be available for purchase in the Gift Shop.
- k) Liturgical celebrations will follow the guidelines provided by the Diocese of Trenton.